

## **Skype/Zoom RTT Session - Terms & Conditions**

Rapid Transformational Therapy is a unique method that typically requires 1 - 3 sessions to resolve most deeply-rooted issues. RTT uses hypnosis which is a completely safe, natural, and relaxing process where you will remain in control throughout the duration of your session.

During RTT you will be regressed back to several memories in order to uncover where, when, how, and why you developed your presenting issue/problem. This insight will help you to gain a deeper understanding of the root, the cause, and the reason for your problem/issue.

Please understand that you play an active role in the successful outcome of your session(s). You must be motivated to change and follow through with the process.

RTT is not meant to be a substitute for the advice or care of a qualified medical professional. All information presented or recommended by [your name] is meant for educational purposes only. If you are unsure about whether or not you should partake in an RTT session, please consult your general practitioner first.

To protect your privacy, all client data is kept strictly confidential.

Before taking part in your RTT session(s), please ensure:

1. That you do not suffer from epilepsy.
2. That you will be free from the influence of drugs or alcohol during the course of your session.
3. That you provide me with the correct address of your online location.
4. That the environment around you is safe and will remain distraction free.
5. That you provide me with a phone number or other means of communication to contact you with in the case of a technology failure.
6. That you provide me with a third-party emergency contact number.

I confirm that I have read and accept the following Terms & Conditions.

Signature:

Date: